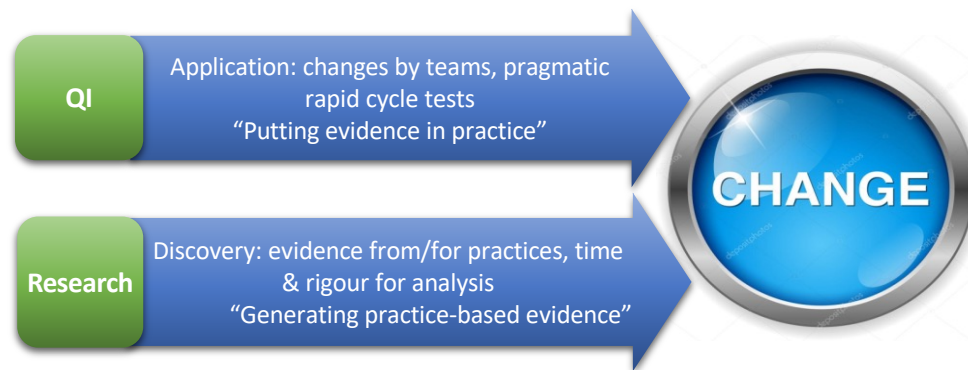
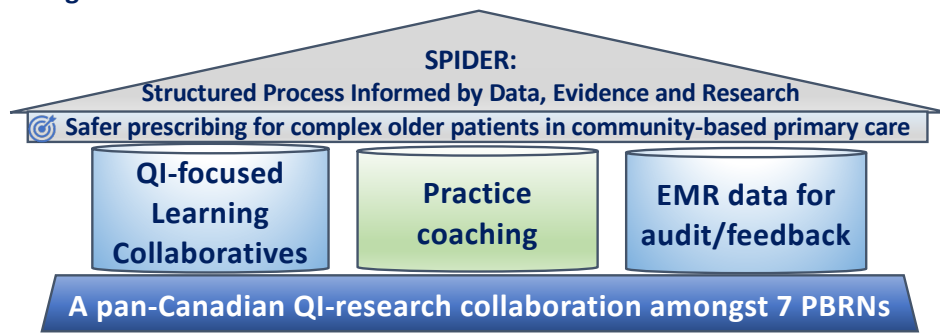


# Coaching the coach: a community of practice for practice coaches engaged in deprescribing improvement efforts

Patricia O'Brien MSc RN, Christina Southey MSc, Jianmin Wang MHS MBBS BHSc, Michelle Greiver MD MSc CCFP

## Background:



## Objectives of the community of practice :

- To support the varied resources of respective study sites
- To share and spread effective practice coaching techniques and approaches
- To provide coaches working alone a support structure of colleagues



*"The coaching community has been a great resource during the SPIDER initiative. I love learning about what other coaches are doing and how they are solving problems with recruitment and engagement during the pandemic. The living documents the community has created have been useful when engaging with SPIDER providers, particularly "Coaching Questions for Primary Care Improvement." KH*

*"The coaching community has helped my development as a quality improvement coach in the SPIDER initiative. It provides a supportive environment for networking with my peers, sharing and generating innovative ideas and is a great quality improvement resource. Community members have a wealth of quality improvement experience and have provided options and ideas for solutions when stuck on a coaching challenge." JS*

The SPIDER coaching community has been designed as a virtual monthly drop-in session accompanied by file sharing via a website rich with resources, many developed by members of the community.

Conversations in the community focus on several key facets of practice coaching such as:

- change management
- application of QI methods
- assessment of adaptive reserve
- team function

Conscious effort has been made to support a 'safe space' to share challenges and accomplishments by coaches during virtual sessions. This is enabled by dedicated time and attention to celebrating personal accomplishments, sharing difficulties (especially during the COVID-19 pandemic), and facilitating discussion on topics that are relevant to the coaches.

To date, the community has collectively developed virtual collaboration tools, detailed best practices, and designed a series of questions for coaches to use in their respective study environments. The collective resources have emerged from the opportunity to build collective capability in practice coaching – **all contribute, all benefit.**

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